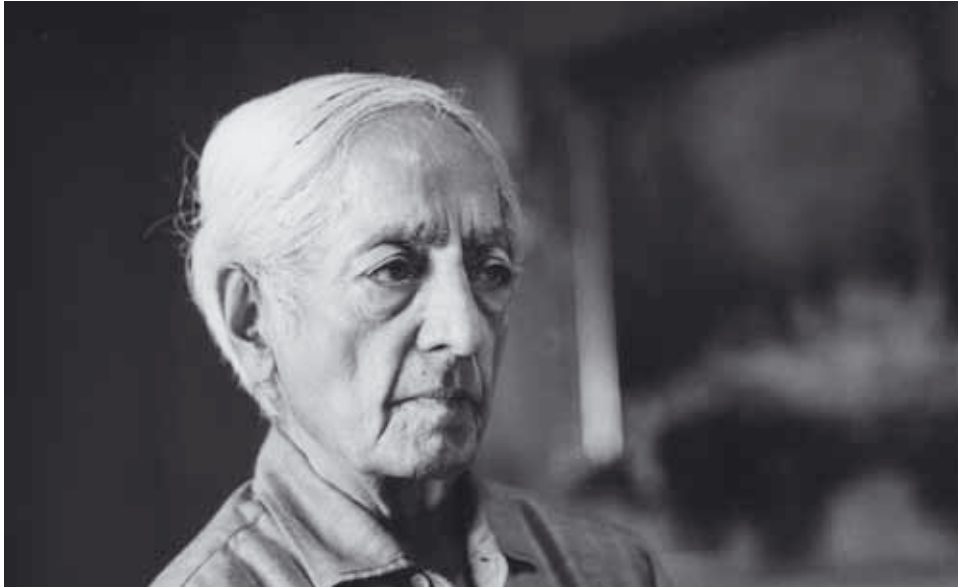




Quotes from J. Krishnamurti
Photos by Friedrich Grohe

Timeless Change 2011



J. Krishnamurti

Jiddu Krishnamurti was born in India in 1895 and died in the United States in 1986. He spoke throughout his life in many parts of the world to large audiences as well as with numerous individuals, including writers, scientists, philosophers and educators.

Asked to describe what lay at the heart of his teaching, he said:

"Truth is a pathless land. Man cannot come to it through any organization, through any creed, through any dogma, priest or ritual, nor through any philosophic knowledge or psychological technique. He has to find it through the mirror of relationship, through the understanding of the contents of his own mind, through observation and not through intellectual analysis or introspective dissection..."

Krishnamurti was concerned with all humanity and stated repeatedly that he held no nationality or belief and belonged to no particular group or culture. In the latter part of his life, he travelled mainly between the schools he founded in India, Britain and the United States, schools that educate for the total understanding of man and the art of living.

He stressed that only this profound understanding can create a new generation that will live in peace.

"I think it is important to understand that freedom is at the beginning and not at the end. We think freedom is something to be achieved, that liberation is an ideal state of mind to be gradually attained through time, through various practices; but to me, this is a totally wrong approach. Freedom is not to be achieved; liberation is not a thing to be gained. Freedom, or liberation, is that state of mind which is essential for the discovery of any truth, any reality; therefore, it cannot be an ideal; it must exist right from the beginning. Without freedom at the beginning, there can be no moments of direct understanding because all thinking is then limited, conditioned. If your mind is tethered to any conclusion, to any experience, to any form of knowledge or belief, it is not free; and such a mind cannot possibly perceive what is truth."

Krishnamurti raises questions such as:

"What is it that we are seeking? And can a mind that is seeking ever find something beyond time, beyond its own projections?"

"Is there such a thing as the absolute, the immeasurable, and is there any relation between that immensity and our everyday living?"

"Is there freedom in thinking, or is all thought limited?"

Krishnamurti engaged in dialogue with many thinkers, politicians, commentators and scientists, including Ivan Illich, Aldous Huxley, Iris Murdoch, Bernard Levin, Indira Gandhi, and David Bohm. His numerous books explore the nature of human consciousness and the possibility of its transformation through enquiry and insight.

More of Krishnamurti's works, including quotes and audio and video streams are available at www.jkrishnamurti.com. You can find information there regarding Foundations, Schools, and Retreats and Study Centres in India, England, and California.

Foundations

"The Foundations will see to it that these teachings are kept whole, are not distorted, are not made corrupt. They will not give rise to any sectarian spirit in their activities... nor create any kind of place of worship around the teachings or the person."

For over 60 years Krishnamurti travelled the world speaking to interested audiences. Established as charitable trusts, the Foundations in England, India, Spain and the United States exist to preserve and make available accurate publications of those teachings.

More than 80 books are currently available as well as hundreds of audio and video titles. There is also an increasing amount of online content and DVD production. All this material is being translated. Over 30 languages are available including all major European and most Indian languages, as well as Russian, Japanese, Cantonese, Mandarin, Korean, Thai, Vietnamese, Hebrew, Arabic and Persian.

Schools

"Education is not merely the acquisition of technical knowledge, but the understanding with sensitivity and intelligence of the whole problem of living... a school is a place where one learns about the totality, the wholeness of life."

Education was always one of Krishnamurti's chief concerns. He felt that if only the young and the old could be awakened to their conditioning of nationality, religion, prejudices, fears, and desires, which inevitably leads to conflict, they might bring to their lives a totally different quality.

The Krishnamurti Schools are committed to educating young people to meet life as a whole. Academic excellence is absolutely necessary, but equal importance is given to an ongoing enquiry into the way we live our daily lives. Many of the difficulties in today's world are the outcome of attitudes and beliefs that current education needs to examine.

In the secure and friendly atmosphere of these schools, the students are encouraged to reflect on their own thoughts, feelings and actions and on those of others. This process is liberating, and with awareness and understanding of their behaviour they may discover much more of the immensity of life.

Retreat Study Centres

"It is essential sometimes to go to retreat, to stop everything that you have been doing, to stop your beliefs and experiences completely, and look at them anew, not keep on repeating like machines whether you believe or do not believe. You would then let fresh air into your minds."

The Krishnamurti Centres are intended for the study of the teachings of J. Krishnamurti. They are for people who would like to be in an environment of quietness and great natural beauty, where they can give full attention to these teachings and their implications in their own lives. It is hoped and intended that people will use the Centres, the teachings of Krishnamurti and the atmosphere of quiet enquiry to deepen their understanding.

There is an extensive range of Krishnamurti books, DVDs, videotapes, audiotapes and other records available.

Contact

For contact information, please see the address details on the back cover or visit:

www.jkrishnamurti.com/info
www.jkrishnamurti.com/onlineshop

Abbreviations

E&W: England & Wales	NI: Northern Ireland	S: Scotland
UK: United Kingdom	US: United States	



Ice in the Black Forest, Germany

If you live one day totally, completely, and see the richness of that single day – that in itself is sufficient because, you see, one day contains the whole universe, all of life.

1st Public Discussion, New Delhi, 2 February 1962

JANUARY

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Sedona, Arizona, USA

In oneself lies the whole world and if you know how to look and learn, the door is there and the key is in your hand. Nobody on earth can give you either the key or the door to open, except yourself.

You Are the World, Chapter 11, 14 February 1969

FEBRUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3 ●	4	5
6	7	8	9	10	11 ●	12
13	14 Valentine's Day	15	16	17	18 ○	19
20	21 President's Day (US)	22	23	24 ●	25	26
27	28					

January 2011							March 2011						
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9	10	11	12	13	14	15	13	14	15	16	17	18	19
16	17	18	19	20	21	22	16	17	18	19	20	21	22
23	24	25	26	27	28	29	23	24	25	26	27	28	29
30	31						30	31					



Gurukula Botanical Sanctuary, Kerala, India

Love is not at the end of time. Either it is now, or it isn't. And hell is when it is not...

Freedom, Love and Action, Chapter 1, 1968

MARCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4 ●	5
6	7	8	9	10	11	12 ☾
13 Daylight Saving Time begins (US)	14	15	16	17 St. Patrick's Day (NI)	18	19 ○
20	21	22	23	24	25	26 ☾
27 British Summer Time begins	28	29	30	31		

February 2011							April 2011						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
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13	14	15	16	17	18	19	10	11	12	13	14	15	16
20	21	22	23	24	25	26	17	18	19	20	21	22	23
27	28						24	25	26	27	28	29	30



In the Grove at Brockwood Park, England

What thought has made real is not truth. Nothingness is not a reality but it is the truth.

Krishnamurti's Journal, Malibu, 23 April 1975

APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3 ●	4	5	6	7	8	9
Mothering Sunday (UK)						
10	11 ●	12	13	14	15	16
17	18 ○	19	20	21	22	23
					Earth Day Good Friday (UK, US)	
24	25 ●	26	27	28	29	30
	Easter Monday (E&W,NI)					

March 2011							May 2011						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
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6	7	8	9	10	11	12	8	9	10	11	12	13	14
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20	21	22	23	24	25	26	22	23	24	25	26	27	28
27	28	29	30	31			29	30	31				



Near Brockwood Park, England

The thinker is a fictitious entity, an illusion of the mind.

The First and Last Freedom, Part 2, Chapter 21, 12 March 1950

MAY						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Early May Bank Holiday (UK)	3 ●	4	5	6	7
8 Mother's Day (US)	9	10 ◐	11	12	13	14
15	16	17 ○	18	19	20	21
22	23	24 ◑	25	26	27	28
29	30 Memorial Day (US) Spring Bank Holiday (UK)	31				

April 2011							June 2011						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2				1	2	3	4
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24	25	26	27	28	29	30	26	27	28	29	30		



View from Mürren, Switzerland

Until you are committed, dedicated, to eradicating this national, economic, religious division, you are perpetuating war...

Krishnamurti to Himself, Brockwood Park, 31 March 1983

JUNE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 ●	2	3	4
5	6	7	8	9 ☾	10	11
12	13	14	15 ○	16	17	18
19	20	21	22	23 ☾	24	25
Father's Day (UK, US)						
26	27	28	29	30		

May 2011							July 2011						
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22	23	24	25	26	27	28	17	18	19	20	21	22	23
29	30	31					24	25	26	27	28	29	30
							31						



Santa Barbara-Montecito, California, USA

War is the spectacular and bloody projection of our everyday living.

Education and the Significance of Life, Chapter 4

JULY

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3	4 Independence Day (US)	5	6	7	8 ☾	9																																																																																				
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Near Brockwood Park, England

The Only Revolution, Part 3, Chapter 11, December 1968

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Holiday (S)	2	3	4	5	6 ●
7	8	9	10	11	12	13 ○
14	15	16	17	18	19	20
21 ●	22	23	24	25	26	27
28	29 ● Summer Bank Holiday (E&W,NI)	30	31			

July 2011							September 2011						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
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17	18	19	20	21	22	23	18	19	20	21	22	23	24
24	25	26	27	28	29	30	25	26	27	28	29	30	
31													



View toward Rishi Conda, Rishi Valley, India

The earth was the heavens and the heavens the earth. And everything was alive and bursting with colour and colour was god, not the god of man.

Krishnamurti's Notebook, Rishi Valley, 17 November 1961

SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7	8	9	10
	Labor Day (US)					
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

August 2011							October 2011						
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14	15	16	17	18	19	20	9	10	11	12	13	14	15
21	22	23	24	25	26	27	16	17	18	19	20	21	22
28	29	30	31				23	24	25	26	27	28	29
							30	31					







View from Mürren, Switzerland

We all want to be famous people, and the moment we want to be something we are no longer free.

This Matter of Culture, Chapter 2, 28 December 1954

OCTOBER

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9	10 Columbus Day (US)	11	12 	13	14	15																																																																																				
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30 British Summer Time ends	31 Halloween				<div>September 2011</div> <table><tr><th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th></tr><tr><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td></tr><tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr><tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr><tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr><tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td></td></tr></table> <div>November 2011</div> <table><tr><th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th></tr><tr><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr><tr><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr><tr><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr><tr><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr><tr><td>27</td><td>28</td><td>29</td><td>30</td><td></td><td></td><td></td></tr></table>		S	M	T	W	T	F	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30		S	M	T	W	T	F	S			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30			
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At Buchillon, Switzerland







At Brockwood Park, England

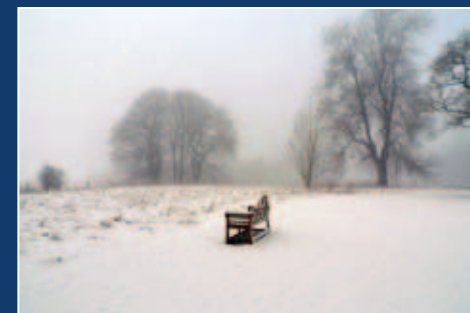
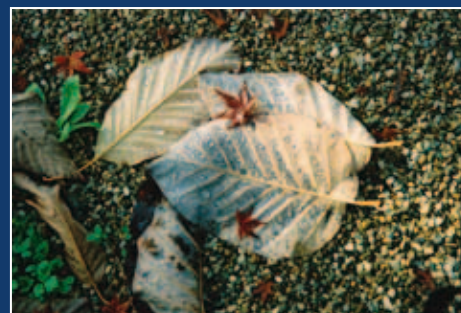
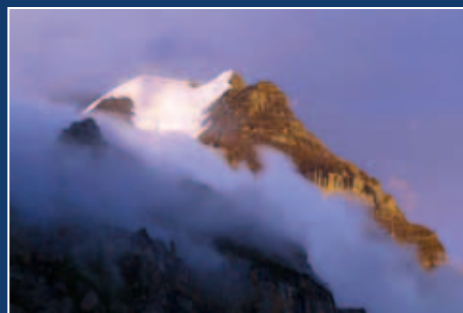
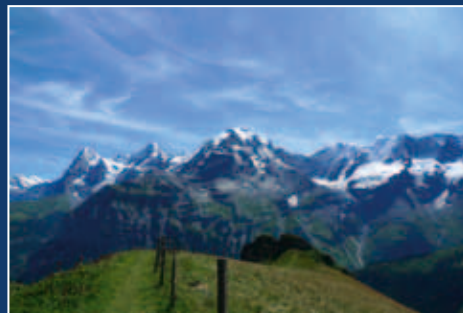
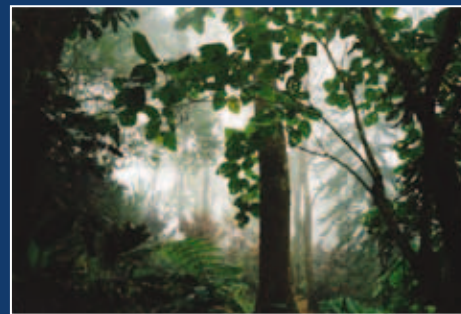
Thought shattering itself against its own nothingness is the explosion of meditation.

Krishnamurti's Notebook, Rishi Valley, 3 November 1961

DECEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2 	3
4	5	6	7	8	9	10 
11	12	13	14	15	16	17
18 	19	20	21	22	23	24 
25 Christmas Day	26 Christmas Holiday (US) Boxing Day (UK)	27 Bank Holiday (UK)	28	29	30	31 New Year's Eve

November 2011							January 2012						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4	5	1	2	3	4	5	6	7
6	7	8	9	10	11	12	8	9	10	11	12	13	14
13	14	15	16	17	18	19	15	16	17	18	19	20	21
20	21	22	23	24	25	26	22	23	24	25	26	27	28
27	28	29	30				29	30	31				



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