

Quotes from J. Krishnamurti
Photos by Friedrich Grohe

Timeless Change 2014





J. Krishnamurti

Jiddu Krishnamurti was born in India in 1895 and died in the United States in 1986. He spoke throughout his life in many parts of the world to large audiences as well as with numerous individuals, including writers, scientists, philosophers and educators.

Asked to describe what lay at the heart of his teaching, he said:

"Truth is a pathless land. Man cannot come to it through any organization, through any creed, through any dogma, priest or ritual, nor through any philosophic knowledge or psychological technique. He has to find it through the mirror of relationship, through the understanding of the contents of his own mind, through observation and not through intellectual analysis or introspective dissection..."

Krishnamurti was concerned with all humanity and stated repeatedly that he held no nationality or belief and belonged to no particular group or culture. In the latter part of his life, he travelled mainly between the schools he founded in India, Britain and the United States, schools that educate for the total understanding of man and the art of living.

He stressed that only this profound understanding can create a new generation that will live in peace.

"I think it is important to understand that freedom is at the beginning and not at the end. We think freedom is something to be achieved, that liberation is an ideal state of mind to be gradually attained through time, through various practices; but to me, this is a totally wrong approach. Freedom is not to be achieved; liberation is not a thing to be gained. Freedom, or liberation, is that state of mind which is essential for the discovery of any truth, any reality; therefore, it cannot be an ideal; it must exist right from the beginning. Without freedom at the beginning, there can be no moments of direct understanding because all thinking is then limited, conditioned. If your mind is tethered to any conclusion, to any experience, to any form of knowledge or belief, it is not free; and such a mind cannot possibly perceive what is truth."

Krishnamurti raises questions such as:

"What is it that we are seeking? And can a mind that is seeking ever find something beyond time, beyond its own projections?"

"Is there such a thing as the absolute, the immeasurable, and is there any relation between that immensity and our everyday living?"

"Is there freedom in thinking, or is all thought limited?"

Krishnamurti engaged in dialogue with many thinkers, politicians, commentators and scientists, including Ivan Illich, Aldous Huxley, Iris Murdoch, Bernard Levin, Indira Gandhi, and David Bohm. His numerous books explore the nature of human consciousness and the possibility of its transformation through enquiry and insight.

More of Krishnamurti's works, including quotes and audio and video streams are available at www.jkrishnamurti.com. You can find information there regarding Foundations, Schools, and Retreats and Study Centres in India, England, and California.

Foundations

"The Foundations will see to it that these teachings are kept whole, are not distorted, are not made corrupt. They will not give rise to any sectarian spirit in their activities... nor create any kind of place of worship around the teachings or the person."

For over 60 years Krishnamurti travelled the world speaking to interested audiences. Established as charitable trusts, the Foundations in England, India, Spain and the United States exist to preserve and make available accurate publications of those teachings.

More than 80 books are currently available as well as hundreds of audio and video titles. There is also an increasing amount of online content and DVD production. All this material is being translated. Over 30 languages are available including all major European and most Indian languages, as well as Russian, Japanese, Cantonese, Mandarin, Korean, Thai, Vietnamese, Hebrew, Arabic and Persian.

Schools

"Education is not merely the acquisition of technical knowledge, but the understanding with sensitivity and intelligence of the whole problem of living... a school is a place where one learns about the totality, the wholeness of life."

Education was always one of Krishnamurti's chief concerns. He felt that if both the young and the old could be awakened to their conditioning of nationality, religion, prejudices, fears and desires, which inevitably leads to conflict, they might bring to their lives a totally different quality.

The Krishnamurti Schools are committed to educating young people to meet life as a whole. Academic excellence is absolutely necessary, but equal importance is given to an ongoing enquiry into the way we live our daily lives. Many of the difficulties in today's world are the outcome of attitudes and beliefs that current education needs to examine.

In the secure and friendly atmosphere of these schools, the students are encouraged to reflect on their own thoughts, feelings and actions and on those of others. This process is liberating, and with awareness and understanding of their behaviour they may discover much more of the immensity of life.

Retreat Study Centres

"It is essential sometimes to go to retreat, to stop everything that you have been doing, to stop your beliefs and experiences completely, and look at them anew, not keep on repeating like machines whether you believe or do not believe. You would then let fresh air into your minds."

The Krishnamurti Centres are intended for the study of the teachings of J. Krishnamurti. They are for people who would like to be in an environment of quietness and great natural beauty, where they can give full attention to these teachings and their implications in their own lives. It is hoped and intended that people will use the Centres, the teachings of Krishnamurti and the atmosphere of quiet enquiry to deepen their understanding.

There is an extensive range of Krishnamurti books, DVDs, MP3 files and other recordings available in these centres.

Contact

For contact information, please see the address details on the back cover or visit:

www.jkrishnamurti.com/info

www.jkrishnamurti.com/onlineshop

Abbreviations

E&W: England & Wales

UK: United Kingdom

NI: Northern Ireland

US: United States

S: Scotland



View from Mürren, Switzerland

Truth is not to be conquered; you cannot storm it; it will slip through your hands if you try to grasp it. Truth comes silently, without your knowing. What you know is not truth, it is only an idea, a symbol.

Commentaries on Living, Series 2, pg. 56

JANUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 ● New Year's Day	2 ● Bank Holiday (UK)	3 ● Holiday (S)	4
5	6	7	8 ●	9	10	11
12	13	14	15	16 ○	17	18
19	20 Martin Luther King, Jr. Day (US)	21	22	23	24 ●	25
26	27	28	29	30 ●	31	

December 2013						
S	M	T	W	T	F	S
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2014						
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16	17	18	19	20	21	22
23	24	25	26	27	28	





At Rishi Valley, India

When you wander among the hills, let everything tell you the beauty and the pain of life, so that you awaken to your own sorrow and to the ending of it.

The Only Revolution, India – II

FEBRUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6 	7	8
9	10	11	12	13	14 	15
16	17 <small>President's Day (US)</small>	18	19	20	21 <small>Valentine's Day</small>	22 
23	24	25	26	27	28	

January 2014							March 2014						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
			1	2	3	4							1
5	6	7	8	9	10	11	2	3	4	5	6	7	8
12	13	14	15	16	17	18	9	10	11	12	13	14	15
19	20	21	22	23	24	25	16	17	18	19	20	21	22
26	27	28	29	30	31		23	24	25	26	27	28	29
							30	31					



On the southern California coast, USA

... one has to be a total outsider. Then the world has a meaning, and the beauty of the heavens and the earth is constant.

The Only Revolution, India – I

MARCH

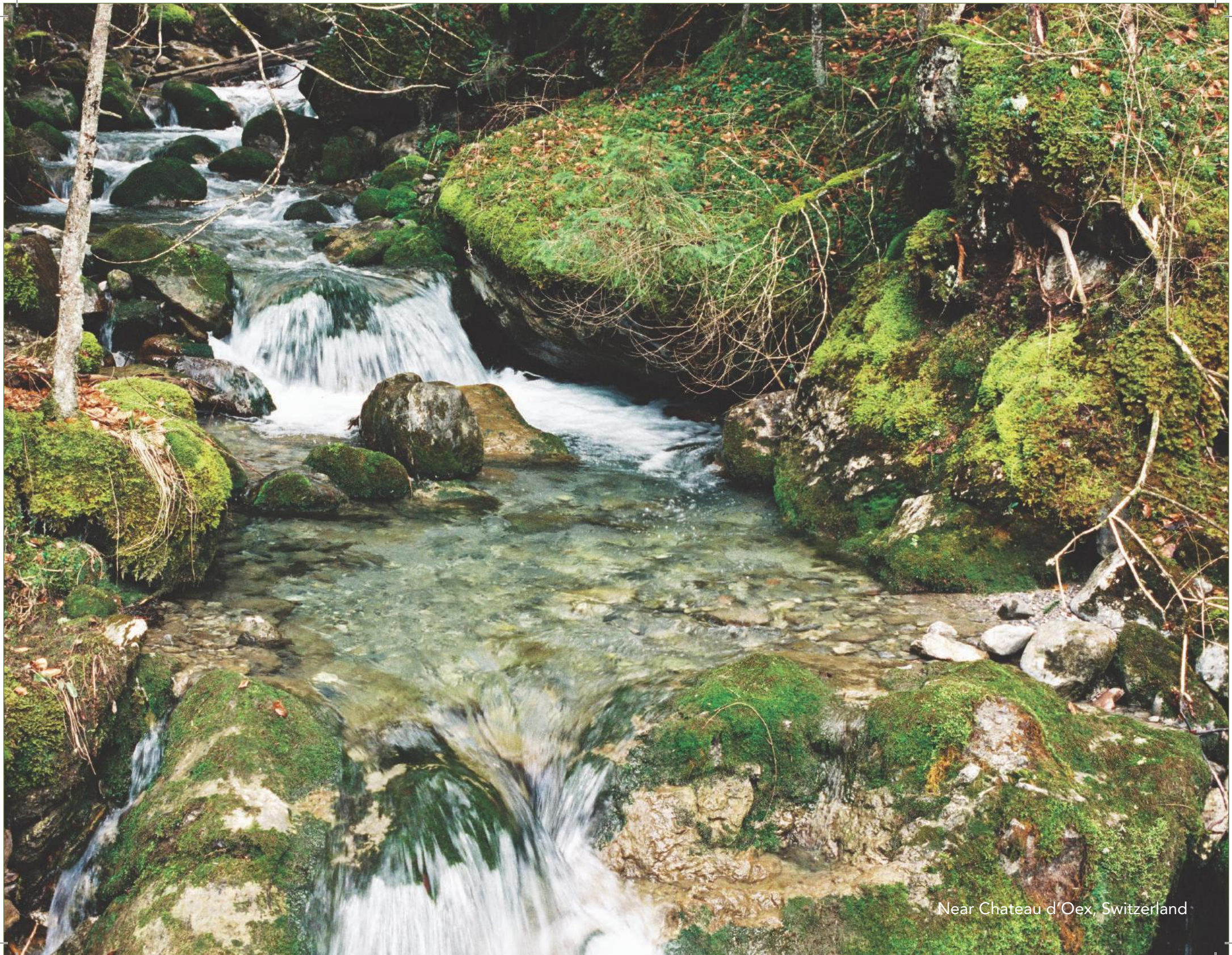
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 ●
2	3	4	5	6	7	8 ☾
9 <small>Daylight Saving Time begins (US)</small>	10	11	12	13	14	15
16 ○	17 <small>St. Patrick's Day (NI)</small>	18	19	20	21	22
23	24 ☾	25	26	27	28	29
30 ● <small>Mothering Sunday (UK) British Summer Time begins</small>	31					

February 2014

S	M	T	W	T	F	S
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16	17	18	19	20	21	22
23	24	25	26	27	28	

April 2014

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20	21	22	23	24	25	26
27	28	29	30			



Near Chateau d'Oex, Switzerland

Krishnamurti's Notebook, 1 March 1962

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

March 2014								May 2014							
S	M	T	W	T	F	S		S	M	T	W	T	F	S	
						1						1	2	3	
2	3	4	5	6	7	8		4	5	6	7	8	9	10	
9	10	11	12	13	14	15		11	12	13	14	15	16	17	
16	17	18	19	20	21	22		18	19	20	21	22	23	24	
23	24	25	26	27	28	29		25	26	27	28	29	30	31	
30	31														



The Grove at Brockwood Park, England

The way you perceive is what you are.

The Urgency of Change, 'What Is'

MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5 <small>Early May Bank Holiday (UK)</small>	6	7 ☾	8	9	10
11 <small>Mother's Day (US)</small>	12	13	14 ○	15	16	17
18	19	20	21 ☾	22	23	24
25	26 <small>Spring Bank Holiday (UK) Memorial Day (US)</small>	27	28 ●	29	30	31

April 2014							June 2014						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4	5	1	2	3	4	5	6	7
6	7	8	9	10	11	12	8	9	10	11	12	13	14
13	14	15	16	17	18	19	15	16	17	18	19	20	21
20	21	22	23	24	25	26	22	23	24	25	26	27	28
27	28	29	30				29	30					



In Ojai, California, USA

A fragmentary understanding is the most dangerous and destructive thing. And that is exactly what is happening all over the world.

The Urgency of Change, 'Perception'

JUNE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5 	6	7
8	9	10	11	12	13 	14
15	16	17	18	19 	20	21
Father's Day (UK, US)						
22	23	24	25	26	27 	28
29	30					

May 2014							July 2014						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
				1	2	3			1	2	3	4	5
4	5	6	7	8	9	10	6	7	8	9	10	11	12
11	12	13	14	15	16	17	13	14	15	16	17	18	19
18	19	20	21	22	23	24	20	21	22	23	24	25	26
25	26	27	28	29	30	31	27	28	29	30	31		



At Haus Sonne in the Black Forest, Germany

Where there's no love there is nothing sacred.

Krishnamurti's Journal, 30 September 1973

JULY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4 Independence Day (US)	5 
6	7	8	9	10	11	12 
13	14 Battle of the Boyne (NI)	15	16	17	18	19 
20	21	22	23	24	25	26 
27	28	29	30	31		

June 2014						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

August 2014						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



Near Tucson, Arizona, USA

Meditation is the destruction of habit; habit is a continuity, a mechanical momentum that prevents the flash of an eternal moment.

Krishnamurti's Notebook, 25 February 1962

AUGUST

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4 ● Holiday (S)	5	6	7	8	9
10 ○	11	12	13	14	15	16
17 ●	18	19	20	21	22	23
24	25 ● Summer Bank Holiday (E&W,NI)	26	27	28	29	30
31						

July 2014

S	M	T	W	T	F	S
	1	2	3	4	5	
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

September 2014

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				



Sunset in Ojai, California, USA

Krishnamurti's Notebook, 26 October 1961

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Labor Day (US)	2 ☾	3 	4 	5 	6
7	8	9 ○	10	11	12	13
14	15	16 ☾	17	18	19	20
21	22	23	24 ●	25	26	27
28	29	30				

August 2014							October 2014						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
3	4	5	6	7	8	9	5	6	7	8	9	10	11
10	11	12	13	14	15	16	12	13	14	15	16	17	18
17	18	19	20	21	22	23	19	20	21	22	23	24	25
24	25	26	27	28	29	30	26	27	28	29	30	31	
31													








Near Brockwood Park, England

Life is to be entered and forgotten – because there is no ‘me’ to remember the living of that life.

2nd Talk in Bombay, 30 November 1958

OCTOBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 	2	3	4
5	6	7	8 	9	10	11
12	13 <small>Columbus Day (US)</small>	14	15 	16	17	18
19	20	21	22	23 	24	25
26 <small>British Summer Time ends</small>	27	28	29	30	31 	
					<small>Halloween</small>	

September 2014						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

November 2014						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						



Windmill Rock at Rishi Valley, India

The mind that is capable of not asking, of not seeking, of being completely nothing – only such a mind can understand that which is timeless.

5th Public Talk in Madras, 1 February 1956

NOVEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2 Daylight Saving Time ends (US)	3	4	5	6 ○	7	8
9	10	11 Veterans Day (US)	12	13	14 ●	15
16	17	18	19	20	21	22 ●
23	24	25	26	27 Thanksgiving Day (US)	28	29 ●
30 St. Andrew's Day (S)						

October 2014							December 2014						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
			1	2	3	4		1	2	3	4	5	6
5	6	7	8	9	10	11	7	8	9	10	11	12	13
12	13	14	15	16	17	18	14	15	16	17	18	19	20
19	20	21	22	23	24	25	21	22	23	24	25	26	27
26	27	28	29	30	31		28	29	30	31			



Morning full moon at Brockwood Park, England

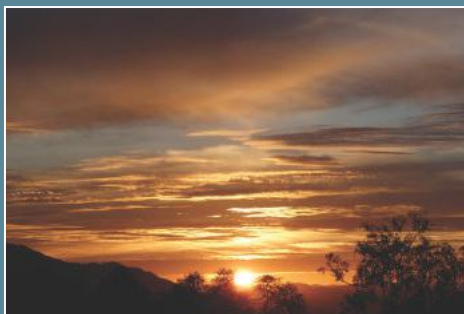
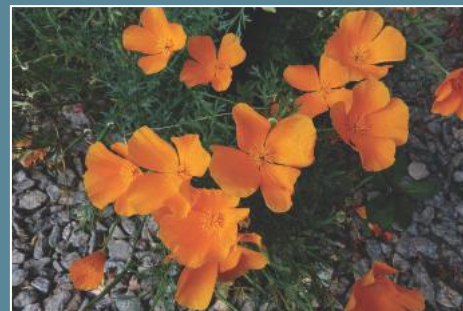
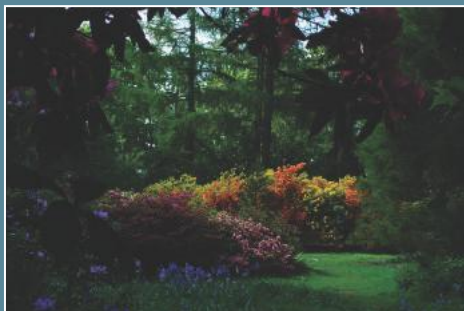
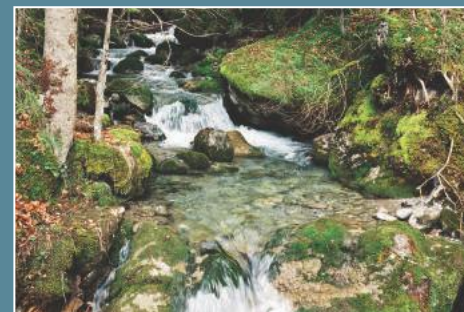
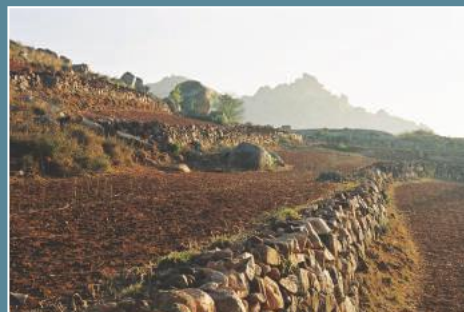
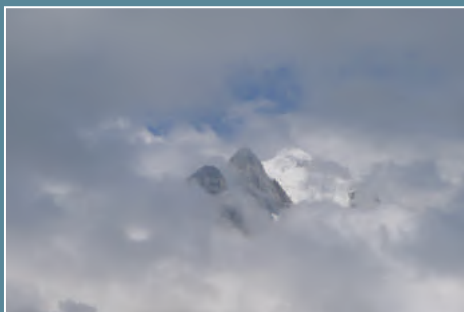
Love is the only true revolution.

Commentaries on Living, Series 2, pg. 18

DECEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6 ○
7	8	9	10	11	12	13
14 ●	15	16	17	18	19	20
21	22 ●	23	24	25	26	27
28 ●	29	30	31	Christmas Day	Boxing Day (UK)	
			New Year's Eve			

November 2014							January 2015						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
						1					1	2	3
2	3	4	5	6	7	8	4	5	6	7	8	9	10
9	10	11	12	13	14	15	11	12	13	14	15	16	17
16	17	18	19	20	21	22	18	19	20	21	22	23	24
23	24	25	26	27	28	29	25	26	27	28	29	30	31
						30							



Krishnamurti Foundation Trust
Brockwood Park
Bramdean, Hampshire
SO24 0LQ, England
Tel: +44 (0) 1962 771525
Email: info@kfoundation.org
Web: www.kfoundation.org

Krishnamurti Foundation of America
P.O.Box 1560
Ojai, California 93024
USA
Tel: +1 (805) 646-2726
Email: kfa@kfa.org
Web: www.kfa.org

Krishnamurti Foundation India
Vasanta Vihar
124 Greenways Rd, R A Puram
Chennai 600 028, India
Tel: +91 (44) 24937803 / 24937596
Email: publications@kfionline.org
Web: www.kfionline.org

**Fundación Krishnamurti
Latinoamericana**
C/ San Isidre, 3
03730 Jávea (Alicante), Spain
Tel: +34 96 646 05 30
Email: fkf@fkla.org
Web: www.fkla.org

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