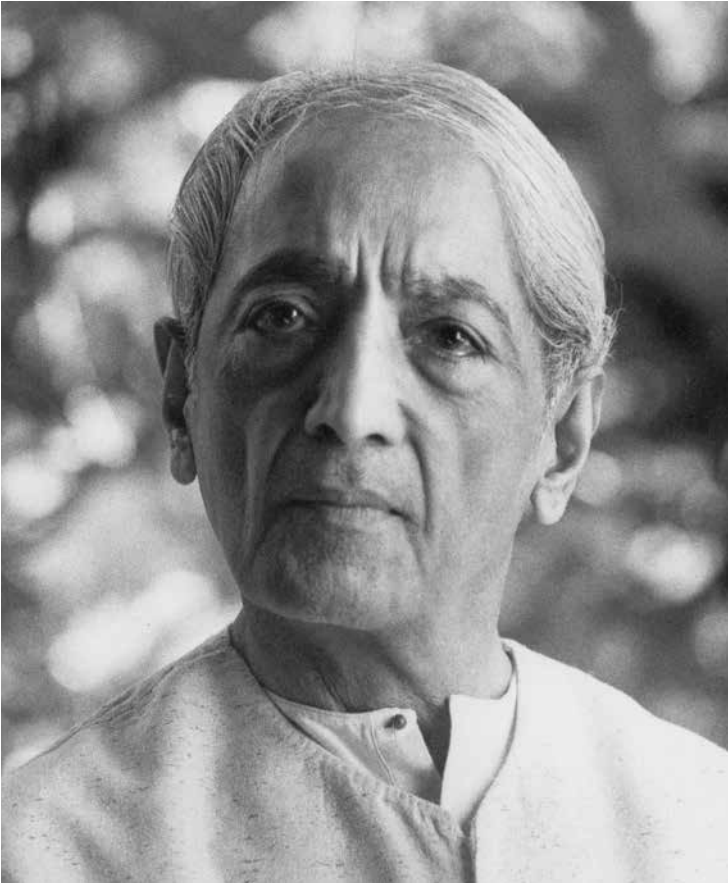




Quotations from J. Krishnamurti  
Photos by Friedrich Grohe and friends

# Timeless Change 2025





## The only thing the mind has to realize

The known can obviously never know the unknown; it can know only what it has experienced, what it has been taught, what it has gathered. So, can the mind – please follow this carefully, sirs – can the mind see the truth of its own incapacity to know the unknown?

Surely, if I see very clearly that my mind cannot know the unknown, there is absolute quietness. Do you understand, sirs? If I feel that I can capture the unknown with the capacities of the known, I make a lot of noise; I talk, I reject, I choose, I try to find a way to it. But if the mind realizes its own absolute incapacity to know the unknown, if it perceives that it cannot take a single step towards the unknown, then what happens? Then the mind becomes silent. It is not in despair; it is no longer seeking anything.

The movement of search can only be from the known to the known; and all that the mind can do is to be aware that this movement will never uncover the unknown. Any movement on the part of the known, is still within the field of the known. That is the only thing I have to perceive; that is the only thing the mind has to realize. Then, without any stimulation, without any purpose, the mind is silent.

Have you not noticed that love is silence? – it may be while holding the hand of another, or looking lovingly at a child, or taking in the beauty of an evening. Love has no past or future; and so it is with this extraordinary state of silence. And without this silence, which is complete emptiness, there is no creation. You may be very clever in your capacity; but where there is no creation, there is destruction, decay, and the mind withers away.

When the mind is empty, silent; when it is in a state of complete negation – which is not blankness, nor the opposite of being positive, but a totally different state in which all thought has ceased – only then is it possible for that which is unnameable to come into being.

See [jkrishnamurti.org](http://jkrishnamurti.org) for quotations and recordings, and for information about the Krishnamurti foundations, international study centres, publications, upcoming events in your area, and the Krishnamurti schools in India, the USA and the UK.

## Foundations

---

*“The Foundations will see to it that these teachings are kept whole, are not distorted, are not made corrupt. They will not give rise to any sectarian spirit in their activities... nor create any kind of place of worship around the teachings or the person.”*

Krishnamurti travelled for over 60 years to speak with interested audiences. The foundations in the UK, the USA, India and Spain, established as charitable trusts, produce accurate publications of the teachings, maintain archives and help to look after the schools.

Over 60 books are in print, with many translated; some 30 languages are represented. Hundreds of videos and audios are also available, the vast majority free online.

## Schools

---

*“Education is not merely the acquisition of technical knowledge, but the understanding with sensitivity and intelligence of the whole problem of living... a school is a place where one learns about the totality, the wholeness of life.”*

Education was one of Krishnamurti’s chief concerns. Human conditioning, including the nature of thinking itself – especially the belief that we are deeply, fundamentally separate entities – is creating

havoc and sorrow in the world. The schools founded by Krishnamurti are committed to nurturing young people not only towards academic excellence but also in awareness of life as an unbroken whole. Potentially joyful and liberating, this can allow for the possibility of deeper intelligence, compassion and a feeling for the vast immensity of life.

## International Study Centres

---

*“It is essential sometimes to go to retreat, to stop everything that you have been doing, to stop your beliefs and experiences completely, and look at them anew, not keep on repeating like machines whether you believe or do not believe. You would then let fresh air into your minds.”*

The Krishnamurti Centres are intended for the study of the teachings of J. Krishnamurti. They house extensive ranges of recordings, books and other material. Just as importantly, they offer atmospheres of quietness and natural beauty in which to inquire deeply into fundamental questions of living. They are intended as places for those who wish to give full attention to the teachings and their implications in their own lives.

## Contact

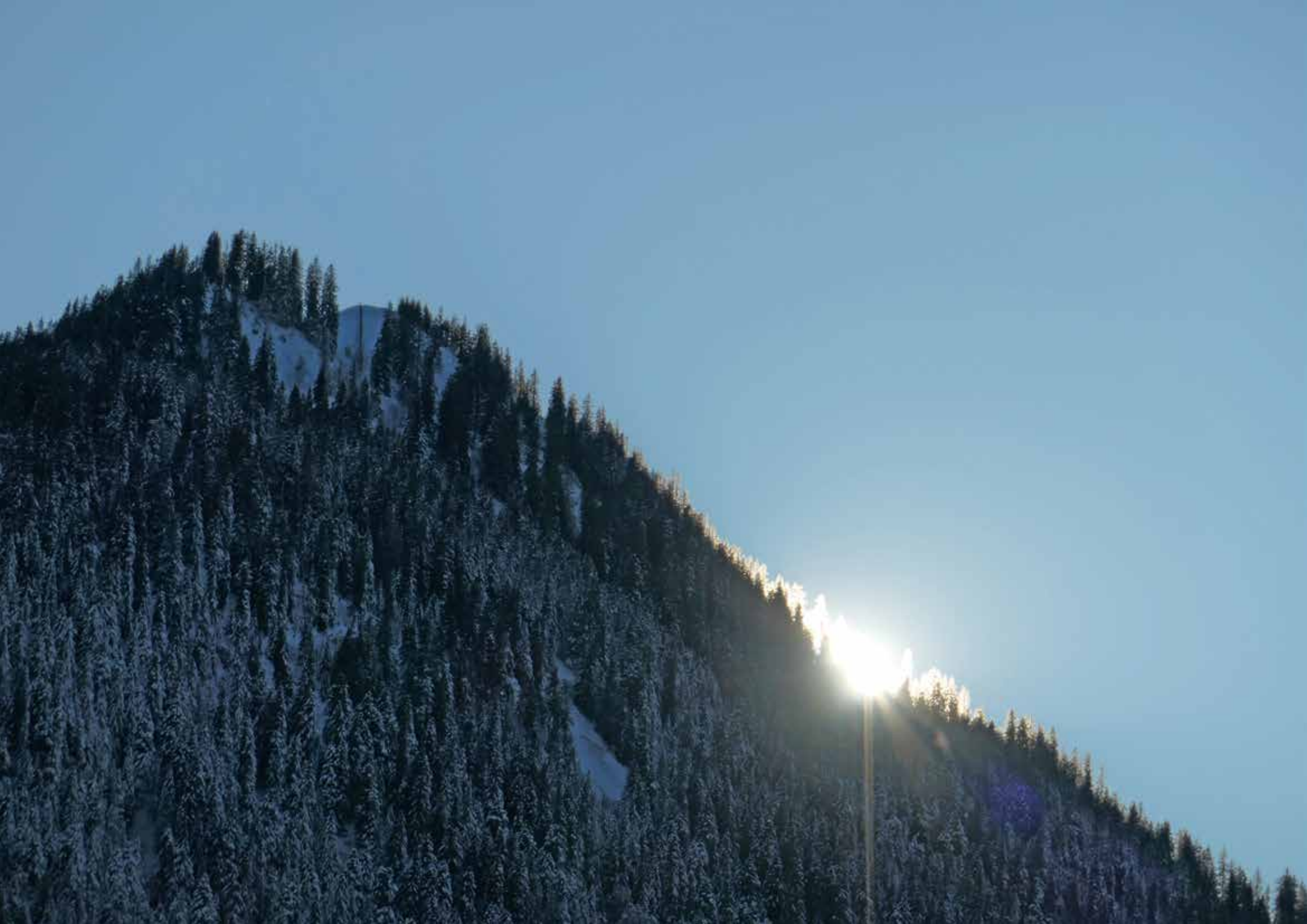
---

For contact information, please see the address details on the back cover or visit [jkrishnamurti.org](http://jkrishnamurti.org)

## Abbreviations

---

E&W: England & Wales    US: United States    O: Full Moon



Love is only possible, the beauty of it, the greatness of it, the magnitude of it, when thought realises it has no place in relationship ...

5<sup>th</sup> Talk, Madras, 7 January 1978

# JANUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 New Year's Day	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20 Martin Luther King Jr. Day / Inauguration Day (US)	21	22	23	24	25
26	27	28	29	30	31	

December							February						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7							1
8	9	10	11	12	13	14	2	3	4	5	6	7	8
15	16	17	18	19	20	21	9	10	11	12	13	14	15
22	23	24	25	26	27	28	16	17	18	19	20	21	22
29	30	31					23	24	25	26	27	28	

Winter sun, Rougemont, Switzerland (F. Grohe)





*It is asking an enormous thing, is it not, for the mind to examine a problem without any conclusion. I do not know if you see this – that, with most of us, thinking starts from a conclusion ...*

2<sup>nd</sup> Talk, Madras, 26 October 1958

# FEBRUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17 Presidents' Day (US)	18	19	20	21	22
23	24	25	26	27	28	

January							March						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
			1	2	3	4							1
5	6	7	8	9	10	11	2	3	4	5	6	7	8
12	13	14	15	16	17	18	9	10	11	12	13	14	15
19	20	21	22	23	24	25	16	17	18	19	20	21	22
26	27	28	29	30	31		23	24	25	26	27	28	29
							30	31					







*Beauty can only be understood, lived, known, when there is total silence. ... That silence comes about, in all its totality and depth and beauty and vigour, only when the fragmentation of life, right from the beginning, ceases.*

8<sup>th</sup> Talk, Saanen, 26 July 1966

# MARCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
9 <small>Daylight Saving Time begins (US)</small>	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30 <small>British Summer Time begins</small>	31					

February							April						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
						1			1	2	3	4	5
2	3	4	5	6	7	8	6	7	8	9	10	11	12
9	10	11	12	13	14	15	13	14	15	16	17	18	19
16	17	18	19	20	21	22	20	21	22	23	24	25	26
23	24	25	26	27	28		27	28	29	30			

Firecrest, Brockwood Park, England (Andy Mcveigh)







*It is only by not being entangled in the part that there is a possibility of seeing the whole immediately.*

1<sup>st</sup> Talk, Madanapalle, 12 February 1956

# APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

o

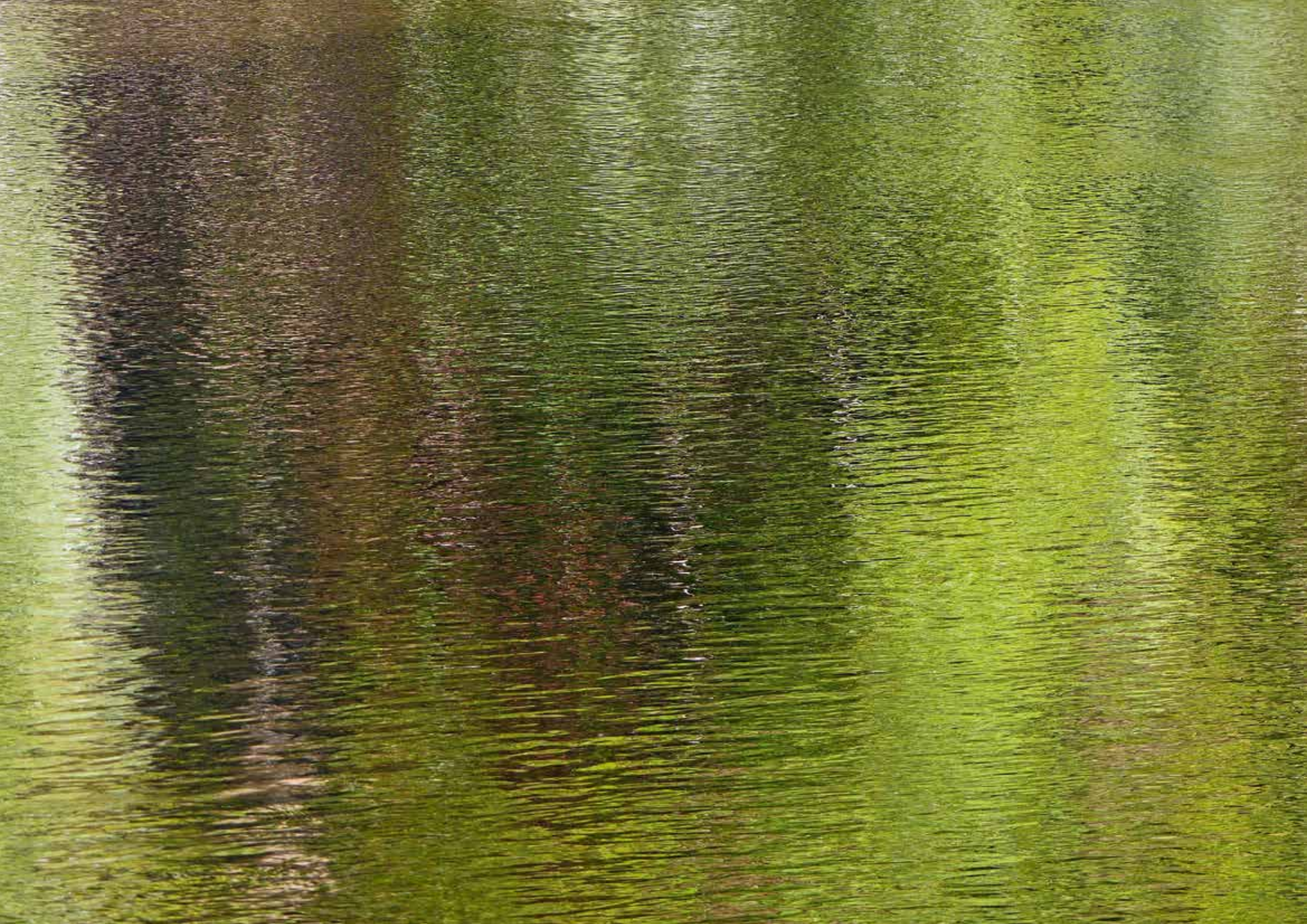
Good Friday (E&W)

Easter Monday (E&W)

Earth Day

March							May						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
						1					1	2	3
2	3	4	5	6	7	8	4	5	6	7	8	9	10
9	10	11	12	13	14	15	11	12	13	14	15	16	17
16	17	18	19	20	21	22	18	19	20	21	22	23	24
23	24	25	26	27	28	29	25	26	27	28	29	30	31
30	31												







*If you know what silence is, you will know what existed before thought.*

5<sup>th</sup> Talk, Amsterdam, 14 May 1969

# MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5 <small>Early May Bank Holiday (E&amp;W)</small>	6	7	8	9	10
11	12 <small>o</small>	13	14	15	16	17
18	19	20	21	22	23	24
25	26 <small>Memorial Day (US) Spring Bank Holiday (E&amp;W)</small>	27	28	29	30	31

April							June						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4	5	1	2	3	4	5	6	7
6	7	8	9	10	11	12	8	9	10	11	12	13	14
13	14	15	16	17	18	19	15	16	17	18	19	20	21
20	21	22	23	24	25	26	22	23	24	25	26	27	28
27	28	29	30				29	30					

Quiet pond (Michaela Markovicova)







... a conditioned mind can never find out what is true. The function of thinking is not discovery, but to put into action what has been discovered.

3<sup>rd</sup> Talk, Colombo, 20 January 1957

# JUNE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Juneteenth National Independence Day (US)

May							July						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
				1	2	3			1	2	3	4	5
4	5	6	7	8	9	10	6	7	8	9	10	11	12
11	12	13	14	15	16	17	13	14	15	16	17	18	19
18	19	20	21	22	23	24	20	21	22	23	24	25	26
25	26	27	28	29	30	31	27	28	29	30	31		

Near Saanen, Switzerland (F. Grohe)





... when you are alert, awake, totally aware with all your senses open, there is nothing to be registered psychologically.

2<sup>nd</sup> Talk, Brockwood Park, 27 August 1978

# JULY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4 <small>Independence Day (US)</small>	5
6	7	8	9	10 <small>o</small>	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

June							August							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	
1	2	3	4	5	6	7							1	2
8	9	10	11	12	13	14	3	4	5	6	7	8	9	
15	16	17	18	19	20	21	10	11	12	13	14	15	16	
22	23	24	25	26	27	28	17	18	19	20	21	22	23	
29	30						24	25	26	27	28	29	30	
													31	

Above Gsteig, Switzerland (F. Grohe)





*Disorder can be dissolved only when the division between me and the other ceases to be, psychologically.*

2<sup>nd</sup> Talk, Brockwood Park, 27 August 1978

# AUGUST

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25 Summer Bank Holiday (E&W)	26	27	28	29	30
31	At Chalet Solitude, Rougemont, Switzerland (F. Grohe)					

July							September							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	
		1	2	3	4	5			1	2	3	4	5	6
6	7	8	9	10	11	12	7	8	9	10	11	12	13	
13	14	15	16	17	18	19	14	15	16	17	18	19	20	
20	21	22	23	24	25	26	21	22	23	24	25	26	27	
27	28	29	30	31			28	29	30					





There is only one political problem, the unity of mankind, and no one seems to bother about that.

5<sup>th</sup> Talk, Saanen, 19 July 1966

# SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 <small>Labor Day (US)</small>	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

View from Schatzalp, Davos, Switzerland (F. Grohe)

August							October						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2			1	2	3	4	
3	4	5	6	7	8	9	5	6	7	8	9	10	11
10	11	12	13	14	15	16	12	13	14	15	16	17	18
17	18	19	20	21	22	23	19	20	21	22	23	24	25
24	25	26	27	28	29	30	26	27	28	29	30	31	
							31						







... most of us do not want freedom inwardly, in the deep sense of that word, because it implies that we must stand completely alone, without a guide, without a system, without following any authority; and that requires enormous order within oneself.

4<sup>th</sup> Talk, Paris, 27 May 1965

# OCTOBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8	9	10	11
12	13 <small>Indigenous Peoples' Day (US)</small>	14	15	16	17	18
19	20	21	22	23	24	25
26 <small>British Summer Time ends</small>	27	28	29	30	31	

September							November						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5	6							1
7	8	9	10	11	12	13	2	3	4	5	6	7	8
14	15	16	17	18	19	20	9	10	11	12	13	14	15
21	22	23	24	25	26	27	16	17	18	19	20	21	22
28	29	30					23	24	25	26	27	28	29
							30						







*If the brain, which is so heavily conditioned, is not quiet ... it will project some hidden demand, wish, longing and therefore bring about illusion, a neurotic state.*

5<sup>th</sup> Talk, Amsterdam, 14 May 1969

# NOVEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2 <small>Daylight Saving Time ends (US)</small>	3	4	5	6	7	8
9	10	11 <small>Veterans Day (US)</small>	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27 <small>Thanksgiving Day (US)</small>	28	29
30	Frozen lily pond, Rougemont, Switzerland (F. Grohe)					

October							December							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	
			1	2	3	4			1	2	3	4	5	6
5	6	7	8	9	10	11	7	8	9	10	11	12	13	
12	13	14	15	16	17	18	14	15	16	17	18	19	20	
19	20	21	22	23	24	25	21	22	23	24	25	26	27	
26	27	28	29	30	31		28	29	30	31				





*I see that I am responsible, totally, for the whole of consciousness. I see that when I am investigating fear, I am helping the total human consciousness to lessen fear. Then death has a totally different meaning. ... I am living a life which is not my particular life.*

6<sup>th</sup> Talk, Saanen, 23 July 1981

# DECEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	Christmas Day	Boxing Day (E&W)	

November							January							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	
						1						1	2	3
2	3	4	5	6	7	8	4	5	6	7	8	9	10	
9	10	11	12	13	14	15	11	12	13	14	15	16	17	
16	17	18	19	20	21	22	18	19	20	21	22	23	24	
23	24	25	26	27	28	29	25	26	27	28	29	30	31	

Near Saanen, Switzerland (F. Grohe)



**Krishnamurti Foundation Trust**  
 Brockwood Park  
 Bramdean, Hampshire  
 SO24 0LQ, England  
 Tel: +44 (0)1962 771525  
 Email: info@kfoundation.org  
 Web: kfoundation.org

**Krishnamurti Foundation of America**  
 P.O.Box 1560  
 Ojai, California 93024  
 USA  
 Tel: +1 (805) 646-2726  
 Email: info@kfa.org  
 Web: kfa.org

**Krishnamurti Foundation India**  
 Vasanta Vihar  
 124 Greenways Rd, R A Puram  
 Chennai 600 028, India  
 Tel: +91 44 2493 7803  
 Email: publications@kfionline.org  
 Web: kfionline.org

**Fundación Krishnamurti Latinoamericana**  
 Turó de la Peña, 30  
 08440 Cardedeu  
 Spain  
 Email: fkl@fkla.org  
 Web: fkla.org

Quotes: © Krishnamurti Foundation of America © Krishnamurti Foundation Trust Ltd | Photos: J. Krishnamurti – by G.G. Welling, Courtesy Krishnamurti Foundations; February – V. Santharam; March – Andy Mcveigh; April – Liz Otterbein; May – Michaela Markovicova; October – Christoph Grohe; All other photos – Friedrich Grohe | Editing: Claudia Herr | Design: Francisco Mazza; BRANDT MediaDesign, Euskirchen, Germany | Printing: DCM Druck Center Meckenheim, Germany; Pragati Offset, Hyderabad, India

